



## WISDOM COUNCIL

HOW CAN WE CHOOSE A SUSTAINABLE LIFE? THIS WAS THE QUESTION OF THE WISDOM COUNCIL GUIDED BY EARTH WISDOM GUIDE SASCHA AMARASINHA AT THE FOURTH IN100Y-SEMINAR.

BY GITTE LARSEN, HOUSE OF FUTURES

‘The tribe thing was great’, ‘the old wise people’s session made a significant impression on me’, ‘my high expectations were not disappointed’, ‘excellent’ and ‘great to see an ancient tradition working for the future’. These are some of the participants comments to the Wisdom Council ceremony which was the final working session at the fourth ‘In100Years’-seminar.

As rituals and spirituality have played a significant role in the ‘In100Years’ process, we wanted to end the journey with a special ceremony or ritual. I was pretty excited about what would come out of it. We invited Sascha, a good friend of House of Futures, to do the Wisdom Council for the 20 participants, as she has done it successfully before. “Speak, listen, and get wiser. Share your inner knowing and make sustainable decisions. That’s what a Wisdom Council is about.”, says Sascha Amarasinha, Earth Wisdom Guide, Director Respond, and recently appointed the Director of CSR and Communication in COOP Denmark.

When the group of participants was gathered in the circle of intelligent perspectives after lunch at the 19th January, they were a bit full, not only from the lovely food at Carlsberg Academy, but also from all the experiences and dialogues from the morning sessions and the day before. Sascha asked me if I would explain to the participants why we had chosen to do a Wisdom Council, and I said that she should just go ahead and do it – and so she did. With

personal integrity and a deep understanding of the possible impact of a ceremony like this in a modern setting, she guided us all through from the beginning to the end. It became a beautiful session where the wise elders of the council raised the energy in the room and came up with clear and heartfelt recommendations for a sustainable future for people on planet Earth.

After a short introduction to the ancient Indian ceremony based on the wholeness of the medicine wheel, Sascha revealed the question to be looked at from the eight perspectives of the council: How can we choose a sustainable life? The eight groups then had one hour to discuss and agree on up to four recommendations from their perspective. Even though nobody was instructed to reply “Ho!” (you have been heard, ed.), when a wise elder had spoken to the council, it quickly became the whole group’s reply after each group of wise elders had spoken.

“Since Wisdom Council was (re)introduced by the Founders of Ehama Institute, RainbowHawk and Wind-Eagle Kinny-Linton, leaders and boards from companies and organizations all over the world, such as BMW, Mattel and Volkswagen, have taken important issues to a Wisdom Council to ensure a holistic analysis before taking a decision”, explains Sascha.

Read more about this wisdom council in the article ‘The words of the wise elders’ at [www.in100y.dk](http://www.in100y.dk)

## WISDOM COUNCIL RECOMMENDATIONS

### EAST: CREATION INTELLIGENCE

*Perspective keywords:* Freedom, creativity, imagination, innovation, inspiration, outrageousness, provocative.

1. We must be free to choose a sustainable life, which is a balanced life.
2. To be free is to access your creative force and empowerment, to liberate yourself.
3. Find your own method. Frame a conscious space/ritual (walk, climb, meditate).

### SOUTHEAST: PERCEPTUAL INTELLIGENCE

*Perspective keywords:* Present condition, appreciation, present moment, awareness, current needs, openness, receptive viewpoint, expanded consciousness.

1. To move the focus from a financial bottom line to a holistic value based 5 year prospect.
2. To decide taht thought, feeling and will can work fully to build the new paradigm.
3. To change the backbone of society into a new which is focused on the well-being of future generations.

### SOUTH: EMOTIONAL INTELLIGENCE

*Perspective keywords:* Power, danger, responsibility, alertness, conflict, readiness, confidence, trust.

1. Remember the power of relationships.
2. Remember the power of consciousness.
3. Beware: Your defence wall will never be high enough!
4. Beware: The limits of certainty!

### SOUTHWEST: PATHFINDING INTELLIGENCE

*Perspective keywords:* Purpose, direction, learnings from the past, history, identity, intention, clear goals, focus.

1. Change our brutal view of nature to a caring view by education on many fronts (the Danish folk high school as inspiration).
2. We give one working day a Month to discuss and create the new society - we can afford it, and nature needs it!
3. Create new movements inspired by previous social experiments and innovations.

### WEST: SUSTAINING INTELLIGENCE

*Perspective keywords:* Maintainance, balance, Seven Generational Thinking, healing, nurturing, structure, stability, environment.

1. We should access the impacts of proposed actions for 7 generations ahead and not discount either future value or costs.
2. As we become more ecological, we wish to maintain human rights and preserve democracy.
3. To keep a balance between human activity and the biosphere, we wish to grant legal rights to the whole evolutionary planetary inheritance.



### NORTHWEST: PREDICTIVE INTELLIGENCE

*Perspective keywords:* Interrelatedness, timing, learning, cause, effect, relationship, cycles, future, forecast.

1. Education should enable us to start answering the questions: Who am I? How shall we live?
2. Enable us to pass beyond respect into meeting the self as the other in creative unity.
3. The common good: The balancing point between autonomy and univocality.

### NORTH: DECISIVE INTELLIGENCE

*Perspective keywords:* Clarity, action, resource, strategy, planning, effectiveness, courage.

1. Clarity on the need for action
2. Clarity is knowing you are lost and that you can ask for assistance/guidance, trusting that there is someone there for you.
3. Trying everyday.
4. Celebrating frontrunners.

### NORTHEAST: ENERGIA INTELLIGENCE

*Perspective keywords:* integrity, vitality, enthusiasm, alignment, continuance of Life, all perspectives, involvement.

1. Choose love instead of fear. Expressing our innermost and not what others want to hear. Inclusion to create integrity and expansion.
2. We should start looking both at other people and the world as integral beings instead of being picky and filtering according to our comfort zones.
3. We need to create an atmosphere of inclusion. If I'm needed as an integral part, I feel vital and empowered and ready to act towards long term values and a sustainable life.
4. Once we get to this point of inner integrity, we have the responsibility to inspire others, include them and support their vitality and wholeness, which is also about living and learning from the weaknesses and confusion cause